

## Leader's Guide: Preparing for Your Marriage Mirror Workshop

Thank you for helping to build successful marriages! This essential guide provides the structure for an engaging and spiritually rich workshop experience.

### Technology and Program Access

This entire program is conducted online. Ensure your setup is completely ready before participants arrive.

- **Registration Check:** Ensure each participating couple completes paid registration at MarriageMirror.com prior to the session date to save time. Do not allow any non-registered attendees.
- **Display Setup:** Connect your laptop to a large screen (or projector). Log in to your member dashboard at MarriageMirror.com before the session and display the program on the large screen so all participants can easily view the content.
- **Flow Management:** Be prepared to pause the program frequently to allow time for individual assessments, couples discussions and group sharing.
- **Participant Devices:** Encourage participants to bring a cell phone, tablet or laptop so they can log in, record their work within the program, and access the program's interactive tools and resources.
- **Printing:**
  - Print one “Caught ya” Cards page per participant.
  - The leader has the option to provide the physical Workbook to every participant, to every couple, or only to those who are uncomfortable or unable to follow along on a device.



### Logistics & Setting the Environment

The right environment is essential for open communication and group dynamics.

- **Group Size & Selection:** Aim for 6-8 couples for optimal discussion and interaction. Ask for God's assistance in choosing participants.
- **Location & Privacy:** Choose a space that provides comfort and privacy for sensitive discussions and accommodates your large screen setup.
- **Seating Arrangement:** Arrange chairs, preferably in a semicircle, to facilitate eye contact and group engagement.
- **Hospitality:** Plan a time for simple refreshments (e.g., coffee, tea, water, and light pastries) to foster a relaxed atmosphere.



## Strategic Decision: Workshop Models

The Marriage Mirror program offers two effective models for group delivery. Decide which model you will follow before promoting the workshop, to set clear expectations for time commitment.



- **Model A: Single-Session Kickstart (Recommended for Busy Groups)**
  - Focus: Complete only the Listening Pillar together in one focused four-hour session.
  - Follow-Up: Couples complete the Speaking and Environment Pillars privately at home.
  - Benefit: Low time commitment increases participation. Strong listening skills are established, setting them up for success on the remaining Pillars at home.
- **Model B: Three-Session Deep Dive (Recommended for High-Commitment Groups)**
  - Focus: Complete all three Pillars (Listening, Speaking, Environment) over three separate four-hour meetings.
  - Schedule: Space each session 3–4 weeks apart to allow couples time to implement and reinforce their personalized Action Plans before moving to the next Pillar.
  - Benefit: Allows the leader to monitor progress, address challenges in real-time, and leverage the group's mutual support throughout the entire program.

## Mindset and Group Dynamics

The group setting enhances the learning process, but its true power comes from its spiritual foundation.

- **Spiritual Foundation:** Pray specifically for the session, the couples attending, and the successful outcomes in their marriages. Please inform MM.com of your session(s) so our team can be praying for you.
- **Group Advantage:** The mutual encouragement, camaraderie, and enjoyment of shared experiences can greatly enhance the learning process. Privacy is maintained as participants complete the personal work on their own devices.
- **Leader Preparation & Follow-up:** Scanning this Workbook beforehand is helpful but not strictly required, as the online program will consistently guide the session flow. Please email completed Feedback Forms (Workbook page 58) to [info@marriagemirror.com](mailto:info@marriagemirror.com) to help us continue to improve the Marriage Mirror program.

